

# Sign of Peace

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When we pray the Lord's Prayer, we ask our heavenly Father to "forgive us our trespasses, / as we forgive those who trespass against us." The Lord's Prayer is followed immediately by the Sign of Peace, when we exchange a gesture of peace and reconciliation with those around us. Through the Sign of Peace, we are invited to turn from sin and be restored to unity—Christ's unity. We believe that Christ's peace can overcome the sin and division in our world. As Christian disciples, we are sent into a world afflicted with sin, division, and violence to become visible and tangible signs of peace, signs of unity, signs of hope.

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